

COVID-19 KAYAK GUIDELINES

1. **Social Distancing.** NSYC Kayakers must comply with Social Distancing Guidelines as established by the NSYC, CDC, & Illinois Executive Order for COVID-19 with modifications

- a. A maximum of two people (maintaining the 6' distance requirement) or one family/household group may prepare, carry, launch, paddle, land and restore kayaks at one time. Wait your turn.
- b. If paddlers are already on the beach preparing to launch, wait until they are on the water before unlocking and moving boats to the launch area. Maintain 6' of distance while waiting, obtaining boats and gear, and preparing to launch. To minimize wait times, please arrive at PABF as prepared as possible.
- c. Only two persons may enter the Locker Room at a time.
- d. Face coverings must be worn in indoor spaces, as well as outdoors when a 6 foot distance from others cannot be maintained. On the water, face coverings should be removed and stowed in a dry bag for safety purposes.

2. **NSYC's Buddy Boating system:** two kayaks must paddle together (maintaining a minimum of 6' distance). All other current Safe Kayaking Guidelines remain in effect per the NSYC Member Handbook dtd 4/19

3. **Disinfection** - Kayak users should wipe down with disinfectant provide, all commonly touched surfaces and equipment prior to use using an EPA approved disinfectant for COVID 19. Members should also bring and be prepared to provide their own disinfectant solution or wipes.

- a. Doorknobs, keypads and Light switches
- c. Cables and Locks (before unlocking for use, and again when returning the boats)
- d. Paddling accessories including paddles, leashes, pumps, paddle floats, radios
- e. Kayaks, including toggle handles, deck lines, cockpit, foot pegs and their adjustment apparatus, seat and back band, coaming, decks.

4. **Kayakers must provide their own PFDs** (life jackets), wetsuits (if needed) and paddling attire. Paddlers are strongly encouraged to bring their own paddle and gear.

5. **Communications.** Kayakers must carry at least one mobile phone in a waterproof case. The phone should be attached to the kayaker and easily accessible in case of an emergency. A marine radio should also be carried. Club-owned radios must be disinfected before and after use.

Changes to the NSYC Kayak Program due to COVID-19

1. Use of NSYC Kayaks will be limited to renewing members who have previously passed the skills and swim assessment. No new (2020) members or guests will be permitted to use NSYC kayaks.

2. Classes, Skill Assessments & Events: Kayak outings, Full Moon Paddles and in-person Kayak Classes, Clinics will not be offered until social distancing restrictions have been removed by authorities including the State of Illinois.